



Unhealthy
Anne-Marie ft. Shania Twain
Level: Easy-Intermediate



Choreographer: Michael Becker
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Album: Unhealthy
ISWC: T-318.190.109-3

Duration: 2:29
BPM: 120
Version / Jahr: 1 / 2023

Sequence: As follows (Start Intro A B C Intro A B* End)

Start

Wait 32B

Intro (32B)

Whole part in slow motion: 1/4 of normal speed!

Basketball Turn	S (if)	PVT	S
	L	(turn 1/2 R)	R
	1	&	5
Step L & R	S	S	
	L	R	
	1	5	

Repeat all above once to face front again

Part A (32B)

Fancy Run	DS	DS (xif)	BA (ots)	BA (xib)	BA (ots)	S
	L	R	L	R	L	R
	&1	&2	&	3	&	4
Rocking Chair turn 1/2 L						
Pull Basic	S (ots)	SLR	S (xib)	DS	RS	
	L	R	R	L	RL	
	R	L	L	R	LR	
	1	&	2	&3	&4	
Push off						
Fancy Run						
Rocking Chair turn 1/2 L						
2 Pull Basic						

Part B (32B)

2 DS

Travelling Shoes	DS	H(w)	S	H(w)	S	H(w)	S	
	L	R		L	R		L	R
	&1	&		2	&		3	&
							4	

move fwd & turn 1/2 L on beat 2-4

Soccer	DS	DT	UP/H	DS	RS			
	R	L		L	R	L	RL	
	&1	&		2	&	3	&	4

Cotton Kick	KK	UP(xif)	/H	KK	UP(unx)	/H	DS	RS
	R			R			L	R
	&			1	&		2	&
							3	&
							4	

Fancy Double

Travelling Shoes turn 1/2 L

Soccer

Cotton Kick

2 DS

Part C (32B)

Turkey	H(ots/w)	FLP	S(xib)	DS	RS			
	L		L	R		L	RL	
	R		R	L		R	LR	
	1		&	2		&	3	&
							4	

Slur Basic	DS	SLR	S(xib)	DS	RS			
	R	L	L		R	LR		
	L	R	R		L	RL		
	&1	&	2		&	3	&	4

Heel Walk	DS	DS	H(w)	H(w)	RS			
	L	R	L	R	LR			
	R	L	R	L	RL			
	&1	&	2	&	3	&	4	

Triple

Repeat all above once with opposite footwork

Intro (32B)	Slow Motion: {Basketball Turn • Step L & R} 2x
Part A (32B)	Fancy Run • Rocking Chair 1/2 L • Pull Basic • Push off Fancy Run • Rocking Chair 1/2 L • 2 Pull Basic
Part B* (62B)	2 DS • {Travelling Shoes 1/4 L • Soccer • Cotton Kick • Fancy Double} 3x • Travelling Shoes 1/4 L • Soccer • Cotton Kick

End

Double Basic